

AREA 6: THE CENTRAL HIGHLANDS

Mountain areas north of the A85 Oban-Crianlarich-Locheearnhead-Perth road, as far as the Great Glen, Glen Spean and the A9. Includes Glen Orchy, Glen Coe, Glen Nevis, Ben Lawers, Ben Alder and the Drumochter Hills (west).

Updated 13 June 2017

Hills are arranged in the table roughly from south to north.

¹ No stalking information provided, be prepared to follow reasonable local guidance.

² 'No stalking issues' means either that there is no stalking on this estate or that stalking is carried out without affecting access.

Hill name	Contact for stalking information
A85 to Loch Tay	
Ben Chonzie ¹	
Auchnafree Hill ¹	
Creag Uchdag ¹	
Creagan na Beinne ¹	
Loch Tay to Loch Rannoch	
Beinn Odhar, Beinn Chaorach, Cam Chreag (Auch), Ben Challum, Beinn nan Imirean and Meall Glas	<p>Southern approaches from Tyndrum area and Auchtertyre: no stalking issues.²</p> <p>South-east of Beinn nan Imirean-Meall Glas ridge: Auchessan Estate. Stalking from late Sept to 20 Oct. No stalking on Sundays. A notice is displayed every day when stalking is taking place to give more information. If further information is needed, please phone 07786 911384 or 01567 820421.</p> <p>All slopes on Glen Lochay side of the watershed at the head of this glen: Glenlochay Estate. Stalking between early July and 20 Oct. No stalking on Sundays. A sign with stalking information is displayed in the car park and at the entrance to the estate in Glen Lochay. If further information is needed please phone 01887 840412 or 07766 816033, or e-mail: manager@pitcastle.com (8am to 6pm Mon-Sat; if unanswered please leave a message).</p>
Sgiath Chuil	South of summit: Auchlyne/Bovain Estates. Stalking between early Sept and 20 Oct. No stalking on Sundays. If further information is needed please phone 01567 820487.
Creag Mhor and Beinn Heasgarnich	South-east of ridge: Glenlochay Estate. Stalking between early July and 20 Oct. No stalking on Sundays. A sign with stalking information is displayed in the car park and at the entrance to the estate. If further information is needed please phone 01887 840412 or 07766 816033, or e-mail: manager@pitcastle.com (8am to 6pm Mon-Sat; if unanswered please leave a message).
Meall nan Subh	South of summit: Glenlochay Estate. Stalking between

	early July and 20 Oct. No stalking on Sundays. A sign with stalking information is displayed in the car park and at the entrance to the estate. If further information is needed please phone 01887 840412 or 07766 816033, or e-mail: manager@pitcastle.com (8am to 6pm Mon-Sat; if unanswered please leave a message).
Meall Ghaordaidh	South of summit: Boreland Estate. Stalking between mid July and 20 Oct. No stalking on Sundays. The main route via the south-east ridge from the roadside sign just west of Duncroisk is always OK. If further information is needed please phone 01567 829053.
Beinn nan Oighreag	South and east of summit: Boreland Estate. Stalking between mid July and 20 Oct. No stalking on Sundays. The route via the south ridge from the roadside Meall Ghaordie sign just west of Duncroisk is always OK. If further information is needed please phone 01567 829053.
Meall nan Tarmachan	Land south of ridge: National Trust for Scotland . No stalking issues. ² West of Beinn nan Eachan: Boreland Estate. Stalking between mid July and 20 Oct. No stalking Sundays. The main routes up and down are always OK. If further information is needed please phone 01567 829053.
Meall nam Maigheach	South of summit: Boreland Estate. Stalking between mid July and 20 Oct. No stalking on Sundays. The south ridge from the cairn below Meall nan Eun is always OK. If further information is needed please phone 01567 829053.
Meall Corranaich and Meall a'Choire Leith	Land south of Meall Corranaich: National Trust for Scotland . No stalking issues. ²
Beinn Ghlas, Ben Lawers, An Stuc, Meall Garbh and Meall Greigh	Land south of ridge: National Trust for Scotland . No stalking issues. ² North of Meall Garbh-Greigh ridge: South Chesthill & Inverinain. Stalking between early Sept and 20 Oct. No stalking on Sundays. If further information is needed please phone 01887 877233 (before 8pm).
Beinn a'Chaisteal (Auch) and Beinn nam Fuaran ¹	
Beinn Dorain, Beinn an Dothaidh, Beinn Achaladair, Beinn a'Chreachain and Beinn Mhanach	North of Beinn an Dothaidh-Achalladair-Chreachain ridge: Blackmount Estate (East). Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01838 400255 between 7am and 8am Mon-Sat.
Meall Buidhe (Corbett, Glen Lyon) and Sron a'Choire Chnapanich ¹	
Stuchd an Lochain ¹	
Meall Buidhe (Munro, Glen Lyon) ¹	
Cam Chreag (Glen Lyon) ¹	
Beinn Dearg (Glen Lyon) ¹	
Carn Gorm, Meall Garbh (Glen Lyon), Carn Mairg and Meall nan	South of ridge, including the normal approach from Invervar: North Chesthill Estate. Occasional stalking

Aighean	<p>from mid-Aug, but mainly from mid-Sept to 20 Oct (sometimes including Sundays). This unusually confined estate (in a popular area with four Munros) presents exceptional challenges for stalking, as it is very difficult for hillwalkers to avoid causing disturbance. By agreement with the access authority (Perth & Kinross Council), walkers are being encouraged to plan ahead and walk elsewhere on days when stalking is taking place between mid-Sept and 20 Oct. These days will be notified at www.chesthill.com and on signs at the Invervar car park and gate. On days when stalking is not taking place (during this period), staying on the ridges, avoiding the corries and going clockwise from Invervar right round the four Munros will help prevent deer from moving off the estate. If further information is needed please phone Kevin Grant on 01887-877319 or e-mail k.grant865@btinternet.com.</p> <p>North of Meall Garbh-Cairn Mairg ridge: Innerhadden Estate. Stalking between late Sept and 20 Oct. No stalking on Sundays. If further information is needed please phone 01882 632423 or 07917 120429, or e-mail richard@innerhadden.co.uk.</p> <p>Western slopes of Geal Charn (NN682545): Dalchosnie Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 07885 531562 or email calumdalchosnie@yahoo.co.uk.</p>
Schiehallion	Land east of summit: John Muir Trust : no stalking issues. ²
Meall Tairneachan and Farragon Hill ¹	
<i>Glen Orchy to Glencoe</i>	
Beinn a'Bhuiridh ¹	
Ben Cruachan and Stob Diamh	North of ridge: Glen Noe Estate – no stalking issues.
Beinn a'Chochuill and Beinn Eunaich	<p>West of summit of Beinn a'Chochuill: Glen Noe Estate – no stalking issues.²</p> <p>North of ridge: Inverliever Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. Recorded message: 01866 822256</p>
Beinn Mhic-Mhonaidh	<p>Glenstrae & Duilletter. Stalking between late Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01838 200217 or e-mail donalddempster@btinternet.com.</p>
Beinn Udlaidh and Beinn Bhreac-liath	Land west of bealach between summits, including Beinn Udlaidh: Forestry Commission Scotland . No stalking issues. ²
Ben Starav, Glas Bheinn Mhor, Beinn nan Aighenan and Stob Coir' an Albannaich	North of main ridge: Glenetive Estate. Stalking between mid-Aug and 20 Oct. No stalking on Sundays. Maps showing preferred access routes to the summits

	<p>are sited at strategic points across the Estate. If further information is needed please phone 01855 851277 between 5 and 8pm.</p> <p>South of main ridge: Glenkinglass Estate. Stalking between mid Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01866 822271 or e-mail glenkinglass@gmail.com (limited communications at Glenkinglass; please leave a message and await a reply).</p>
Meall nan Eun	<p>Northern approaches to Meall nan Eun: Dalness Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01855 851252 (evening).</p> <p>Southern approaches to Meall nan Eun: Clashgour Estate. Stalking between mid-Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01838 400360 between 7-8am or 6-7pm.</p>
Stob Dubh (south-east of Glen Etive) ¹	
Blackmount: Stob Ghabhar and Stob a'Choire Odhair	<p>North-west of Stob Ghabhar–Bealach Fuar-chataidh ridge: Dalness Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01855 851252 (evening).</p> <p>South of Stob Ghabhar and west of Allt Toaig: Clashgour Estate. Stalking between mid-Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01838 400360 between 7-8am or 6-7pm.</p> <p>Stob a'Choire Odhair: Blackmount Estate (West). Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01838 400255 between 7-8am Mon-Sat.</p>
Blackmount: Beinn Mhic Chasgaig, Creise, Meall a'Bhuiridh	<p>West of Clach Leathad-Creise ridge: Dalness Estate. Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01855 851252 (evening).</p> <p>East of Clach Leathad-Creise ridge: Blackmount Estate (West). Stalking between early Aug and 20 Oct. No stalking on Sundays. If further information is needed please phone 01838 400255 between 7-8am Mon-Sat.</p>
Creach Bheinn (Benderloch) ¹	
Beinn Trilleachan	<p>North-east of summit: Glenetive Estate. Stalking between mid-Aug and 20 Oct. No stalking on Sundays. Maps showing preferred access routes to the summits are sited at strategic points across the Estate. If further information is needed please phone 01855</p>

	851277 between 5 and 8pm. South-west of summit: managed by Forestry Commission Scotland . No stalking issues. ²
Beinn Sgulaird ¹	
Beinn Fhionnlaidh (Appin) ¹	
Fraochaidh	Forestry Commission Scotland : no stalking issues. ²
Beinn a'Bheithir: Sgorr Dhonuill and Sgorr Dhearg	Land north-west of Sgor Dhearg-Beinn Bhan ridge and forestry in Gleann a'Chaolais: Forestry Commission Scotland : no stalking issues. ²
Meall Lighiche	Land west and south-west of summit managed by Forestry Commission Scotland : no stalking issues.
Sgor na h-Ulaidh and Beinn Maol Chaluum	South-east of ridge: Glenetive Estate. Stalking between mid-Aug and 20 Oct. No stalking on Sundays. Maps showing preferred access routes to the summits are sited at strategic points across the Estate. If further information is needed please phone 01855 851277 between 5 and 8pm.
Bidean nam Bian and Stob Coire Screamhach	Land to north of ridge managed by National Trust for Scotland : no stalking issues. ²
Buachaille Etive Beag: Stob Coire Raineach and Stob Dubh.	National Trust for Scotland : no stalking issues. ²
Buachaille Etive Mor: Stob Dearg and Stob na Broige.	National Trust for Scotland : no stalking issues. ²
Aonach Eagach: Meall Dearg and Sgorr nam Fiannaich	Land to south of ridge (west of Sron Gharbh) managed by National Trust for Scotland : no stalking issues. ² East of Sron Gharbh (to Devil's Staircase): Blackcorries Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. If further information is needed, please phone 01855 851272 or e-mail blackcorries@googlemail.com
Garbh Bheinn (Loch Leven)	South-east of summit: Blackcorries Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. If further information is needed, please phone 01855 851272 or e-mail blackcorries@googlemail.com
Beinn a'Chrulaiste	Blackcorries Estate. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. If further information is needed, please phone 01855 851272 or e-mail blackcorries@googlemail.com
<i>Loch Linnhe to Loch Treig</i>	
Mam na Gualainn	East of summit: Mamore Estate. Stalking between early Aug and 20 Oct. No stalking on Saturdays or Sundays. If further information is needed please e-mail Calum.hogg@bidwells.co.uk
Mamores: Mullach nan Coirean, Stob Ban, Sgurr a'Mhaim, Am Bodach, Stob Coire a'Chairn, An Gearanach, Na Gruagaichean, Binnean Mor, Binnean Beag and Sgurr Eilde Mor.	Mullach nan Coirean: no information available. All other hills: Mamore Estate. Stalking between early Aug and 20 Oct. No stalking on Saturdays or Sundays. The main stalking area is east of Sgurr Eilde Mor and Sgor Eilde Beag, with occasional stalking on Sgurr Eilde and Coire a'Bhinnein. If further information is

	needed please e-mail Calum.hogg@bidwells.co.uk
Glas Bheinn (Kinlochleven)	Mamore Estate. Stalking between early Aug and 20 Oct. No stalking on Saturdays or Sundays. The main stalking area is east of Sgurr Eilde Mor and Sgor Eilde Beag, with occasional stalking on Sgurr Eilde and Coire a'Bhinnein. If further information is needed please e-mail Calum.hogg@bidwells.co.uk
Leum Uilleum ¹	
Ben Nevis, Carn Mor Dearg, Aonach Mor and Aonach Beag	Land south of ridge from Ben Nevis to Sgurr Choinnich Beag managed by John Muir Trust : no stalking issues. ² North of ridge: Killiechonate Estate. Stalking between early Aug and 20 Oct. No stalking on Saturdays or Sundays. If further information is needed please e-mail Calum.hogg@bidwells.co.uk
Grey Corries: Sgurr Choinnich Mor, Stob Coire an Laoigh, Stob Choire Claurigh and Stob Ban. Sgurr Innse and Cruach Innse. Stob Coire Easain and Stob a'Choire Mheadhoin.	Killiechonate Estate. Stalking between early Aug and 20 Oct. No stalking on Saturdays or Sundays. If further information is needed please e-mail Calum.hogg@bidwells.co.uk
Loch Rannoch to Glen Spean	
Beinn Pharlagain: Meall na Meoig	
Loch Ossian hills: Carn Dearg (Loch Ossian) and Sgor Gaibhre ¹	
Beinn na Lap ¹	
Chno Dearg and Stob Coire Sgriodain ¹	
Ben Alder and Beinn Bheoil ¹	
Beinn Eibhinn, Aonach Beag, Geal-Charn and Carn Dearg (Loch Pattack)	
Beinn a'Chlachair, Geal Charn (Loch Laggan/Ardverikie) and Creag Pitridh ¹	
The Fara ¹	
Beinn a'Chuallaich ¹	
Stob an Aonaich Mhoir ¹	
Beinn Mholach ¹	
Meall na Leitreach ¹	
Sgairneach Mhor and The Sow of Atholl ¹	
Beinn Udlamain, A'Mharconaich and Geal-Charn (Drumochter)	Land north of Beinn Udlamain- A'Mharconaich-An Torc/Boar of Badenoch ridge: Drumochter North. Stalking between mid-Sept and 20 Oct. No stalking on Sundays. If further information is needed please phone 01540 670053 (mornings; preferred contact) or e-mail raliaenterprises@aol.com , or for information on the day phone 01528 522385 or 07717 295481.